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Chocolate Berry Cream Fluff (S)

This is one of the recipes from our cookbook Trim Healthy Table! Our sister Vange came up with this easy recipe. We stole it, of course! It's so simple, but loved by everyone! Now one of us sisters never fails to bring this amazing dessert to our hilltop family gathering. We ask each other, "Who's bringing the Fluff?"

Multi Serve Recipe

INGREDIENTS:

- 1 1/2 to 2 cups heavy whipping cream
- 1 1/2 tablespoons Super Sweet Blend or 1/4 cup Gentle Sweet
- 16 ounces fresh strawberries, sliced
- 1 cup fresh blueberries
- 1 cup fresh raspberries
- 3/4 cup Trim Healthy Chocolate Chips

INSTRUCTIONS:

Whip the cream with the sweetener until soft peaks form. Combine with the berries and chocolate chips. chill until serving time.

This and other delicious THM recipes can be found at
www.TrimHealthyMembership.com