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## Sweet N Easy Greens Drink (FP)

*Sweet N Easy Greens Drink, is a new recipe featuring the healthy THM "Dynamic Duo" Greens Powder which is a blend of two power packed greens... moringa and spirulina! Enjoy this drink as a side to your meal or as a full or partial snack. If having as a full snack, please add the protein option. Dynamic Duo Greens Powder combines the two most potent, healing and ethically sourced super greens together to allow you to go green with drinks, yummy bars, balls, smoothies, lattes and baked treats.*

*Serves: Single*

### **INGREDIENTS:**

1 cup unsweetened almond or cashew milk  
1/2 cup water  
2 tsp Dynamic Duo Greens Powder  
1 doonk THM Pure Stevia Extract  
2 pinches Mineral Salt  
Optional - 1/4 tsp Vanilla or Maple Burst Extract (or extract of your choosing)

### **Directions:**

Blend for a few seconds in a blender or use a hand blender right in your glass jar

### **Tweaks:**

- Begin with only 1 tsp if you are green scared.
- Add 2 - 4 Tbs Unflavored Pristine Whey Protein or 2 - 3 tsp Integral Collagen for a protein boost
- Replace the cup of water with almond milk for a full 12 oz of milk for extra creaminess

This and other delicious THM recipes can be found at  
[www.TrimHealthyMembership.com](http://www.TrimHealthyMembership.com)