



Easiest Ever Baobab Gummies - (FP)

Easiest-Ever Baobab Gummies...Tangy, lemony... super easy to make gummies that boost your immune system, flood your body with antioxidants, bio-available vitamin C, zinc, natural iron and a host of other vitamins and minerals. Super easy to make and super delicious!!

Serves: multiple

INGREDIENTS:

- 2 Tbs lemon juice (fresh squeezed lemon juice)
- 1/4 cup plus 2 Tbs water
- 2 Tbs TH Baobab Boost Powder
- 3 doonks TH Pure Stevia Extract Powder
- 1/2 tsp TH Natural Burst: Apricot (optional; but delicious)
- 1 Tbs plus 1/4 tsp TH Just Gelatin

DIRECTIONS:

1. Whisk lemon juice, water, baobab and stevia together in a small saucepan until there are no clumps.
2. Add gelatin and whisk again until smooth then heat until hot (but not boiling).
3. Pour into molds or into an 8x8 baking dish and refrigerate or freeze until set.

RECIPE NOTE:

If you are a "big sour gummy fan" like we are, use all lemon juice (no water - so that's 1/2 cup of lemon juice). These are "super tart and sour" this way but we actually prefer them like this. You can add another doonk of stevia if you like.