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## Chocaholic Coffee (S or FP)

*Sometimes you need coffee. Sometimes you need chocolate. Marry them up in this lovely blessing of a drink.*

Serving Size: Single-serve

### INGREDIENTS:

- 1 mug Brewed Coffee (approximately 10 to 12 ounces)
- 2 to 4 teaspoons THM Gentle Sweet (depending upon your sweet preference)
- 2 to 3 drops THM Chocolate Natural Burst extract
- Heavy Cream or Half and Half
- 1 teaspoon to 1 scoop THM Integral Collagen (optional; if needing more protein in your meal)

### INSTRUCTIONS:

1. Stir all together. Enjoy hot or over ice.

### RECIPE NOTES:

**Note 1:** For FP use 2 Tablespoons or less of half and half and skip the heavy cream. For S you can use either half and half or heavy cream.

**Note 2:** If adding collagen pour a little coffee into the mug and then add collagen and stir well with a fork. Finish pouring in coffee and the other ingredients. Stir well.

The *Chocaholic Coffee* recipe and other delicious THM recipes can be found at  
[www.TrimHealthyMembership.com](http://www.TrimHealthyMembership.com)