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Caprese Salad (S)

This is a refreshingly light summer salad that is a breeze to throw together if you are the Drive Thru Sue type and opt to buy fresh, pre-spiralized zucchini. Whether you buy the pre-spiralized version or prefer doing that yourself at home, this salad is sure to become a family favorite!

Serving Size: Feeds 6 to 8 people

INGREDIENTS:

- 3 medium-sized zucchini, spiralized and cut for bite-size
- 1-pint cherry tomatoes, halved
- 6 ounces fresh mozzarella, cubed in 1/2" pieces
- 1/3 cup fresh basil leaves, torn into small pieces
- 1 Tablespoon balsamic vinegar
- 2 Tablespoons extra virgin olive oil
- Mineral Salt, to taste

INSTRUCTIONS:

1. Combine zucchini noodles, tomatoes, mozzarella, and basil in a medium bowl.
2. Immediately before serving, whisk together balsamic vinegar, olive oil, and Mineral Salt.
3. Drizzle over salad tossing gently.

The *Caprese Salad* recipe and other delicious THM recipes can be found at www.TrimHealthyMembership.com