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Rohnda's Ranch Dressing (S)

This is a delicious homemade ranch dressing that can be whipped up in a jiffy. What a wonderful treat to be able to enjoy a homemade, fresh ranch dressing for all of your salads or dipping needs.

Serving Size: Multiple-serve; Makes about 1 & 1/4 cups

INGREDIENTS:

- 3/4 cup mayonnaise (homemade or store-bought)
- 1/2 cup plain 0% Greek yogurt
- 1 or 2 garlic cloves, minced (or, 1/2 to 3/4 teaspoon powdered garlic)
- 1 teaspoon dried parsley
- 1/2 teaspoon dried minced onion
- 1/2 teaspoon Mineral Salt
- Dash of black pepper

INSTRUCTIONS:

1. Place all the ingredients in a medium bowl and mix well.
2. Refrigerate at least 1-hour before serving.

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The *Rohnda's Ranch Dressing* recipe and other delicious THM recipes can be found at www.TrimHealthyMembership.com