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Sweet Tart Gummies - FP Berry Cherry & Blue Skies Colada Gummies

Sweet and tart with a bit of chewy - these gummies will be loved by children and grown-ups alike!

Serving Size: Multiple-Serve (Quantity depends on molds used.)

INGREDIENTS:

- 1 cup water
- 1/3 cup fresh lemon juice
- 2 THM Berry Cherry or THM Blue Skies Colada Hydrate packets
- 1 Tablespoon THM Baobab Boost powder (optional)
- 2 doonks THM Pure Stevia Extract powder
- 3 Tablespoons THM Just Gelatin (See Recipe Note)

INSTRUCTIONS:

1. Put all ingredients except for the gelatin in a saucepan. Then slowly sprinkle in gelatin and whisk until all is dissolved over medium-low heat.
2. Pour the mixture into molds or into a baking dish. Chill in the freezer for 10 minutes, then store in the refrigerator until fully set.

RECIPE NOTE:

These are more of a softer gummy, not the chewy kind. You could add additional gelatin if you prefer a chewier gummy.

The *Sweet Tart Gummies* recipe and other delicious THM recipes can be found at www.TrimHealthyMembership.com